



Eats On Feets

Distributed By:

WORLD HEALTH ORGANIZATION

GLOBAL STRATEGY FOR INFANT AND YOUNG CHILD FEEDING

Exercising other feeding options

“The vast majority of mothers can and should breastfeed, just as the vast majority of infants can and should be breastfed. Only under exceptional circumstances can a mother’s milk be considered unsuitable for her infant. For those few health situations where infants cannot, or should not, be breastfed, the choice of the best alternative – expressed breast milk from an infant’s own mother, breast milk from a healthy wet-nurse or a human-milk bank, or a breast-milk substitute fed with a cup, which is a safer method than feeding bottle and teat – depends on individual circumstances.”

EATS ON FEETS offers up to date breastmilk sharing resources for families that desire to make an informed infant feeding choices based on their individual circumstance.

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