



## Eats on Feets

*The leading resource for the safety, standards and methods of  
Community Based Breastmilk Sharing*

Babies need breastmilk to maintain optimum health. Parents understand this! Every day women from around the world are selflessly donating thousands of ounces of commerce-free breastmilk directly to babies. This means that it is free, just as nature intended. This is community based milksharing and it is working! It is making a difference in the lives of babies and of their families.

**Do you have breastmilk to share or need some for your baby?**  
Then *Community Based Breastmilk Sharing* is for you.  
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