

## The Four Pillars of Safe Breastmilk Sharing



### **1. Informed Choice**

- Understanding the options, including the risks and benefits, Of all infant and child feeding methods.

### **2. Donor Screening**

- Donor self-exclusion for/or declaration of medical/social concerns
- Communication about lifestyle & habits
- Screening for HIV I & II, HTLV, HBV, HCV, Syphilis and Rubella

### **3. Safe Handling**

- Inspecting and keeping skin, hands and equipment clean
- Properly handling, storing, transporting and shipping breastmilk

### **4. Home Pasteurization**

- Heat treating milk to address infectious pathogens
- Informed Choice of raw milk when all donor criteria are met

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